

**SHAPE Washington
Spring 2019 (5/18/19) Meeting
MINUTES**

Intro New member-

Alex O'Brian- Dance VP
Toni- New National Adapted PE

Denise- Review Robert's rules

Motion to approve minutes- Minutes approved

Small group work- 3 groups/break out with committees. Ideas for Fall conference preparations and things to look into past Fall conference successes.

Social Media-

Create lap video
Create QR codes
Find out how to recognize years being a member
Membership booth
QR code of nametag
Inspiration stations
Cards/ PPT/ Games/ teams to meet

Social Justice-

More break out sessions for collaboration
Networking opportunities
Theme of SEL (social emotional learning)
Leg. session 2020 important session to be part of
Look at survey results- invited popular groups back/ make sure to spread out the session topics throughout the day and hour
Keep Adapted PE day before conference
Intro in gym where we do an activity to step into box and to answer a few questions

Assessment/Curriculum-

Theme throughout
Pre conference assessment
Balance Health and Fitness
Awards/ Lunch together/ shorter lunch
Teacher awards of Friday
Outside sessions
Research regional presenters
Space logistics

Sara's vision for Fall conference-

Mostly good feedback
Slightly smaller numbers
Did make a profit, no hard numbers yet

Dustin/Carrie East Best Share out-

East best attended by lots of EWU students.
Carrie shared she liked that the students had more options for conferences.
Students loved it. Bringing Spokane district in it more.
Looking for ways to make it grow/ promote
Continue to keep trying to bring in OR/ MT/ Northern ID groups
Made \$5,100 revenue

Judy- Health ED workshop update-

Pos. feedback
Attendance down- 83 total
Presenters were wonderful/ good feedback
Good show of students
WWU came too
Only a week away from SHAPE America
Changed date March 14th for Health workshop to avoid spring break
Made around \$2000

New Business/ Fundraiser Opportunities-

American Heart Assoc.- Invited to share details/ give our approval of their program
Once we get a better idea on all our options we will begin the process to decide which ones we want to support

Upcoming conferences-

Refer to agenda for dates

Awards/ Board nominations-

President Elect- Krista Winn- applied

Health VP- Joe Bento- applied

Adapted PE rep- Lauren Wood

Award nominations process- seems a little tough to navigate
How to handle multiple nominees
Assign a mentor to help with the process

Possibly a way to share peer comments on why they were nominated
A layout of the process so the teacher knows before getting into it
Awarding the people in our state level/ vs focus on pushing to the next level

Terri/ Derek/ Mary- PE concepts of Health and fitness State assessment

Met with Antone Jackson's head of assessment at OSPI.
Got it out to people now field testing with students
Looking at what questions don't read well
Checking out vocab
Took info from conference in Oct. Sent to committee. Did some updates based on comments from the workshop.
Committee decides if complaints are valid / make changes accordingly
Concept mostly done/ getting it back in June hopefully
Components of personal fitness planning- 15 people 3 grade groups.
 Some info
 Solid feedback
 Sent out to three groups
 Did updates and got it back
 If interested we want to put out components in Sept. for pilot
 Back by Oct./Nov.
 Meeting planned to discuss implementation/ how to get it out to people

Ken Turner- Assessment Revisions

Formerly known as miss T's muffins- 6th grade
 Pre quiz to test out knowledge of previous
 Sept/ Oct. prototype test from each level

Whitney Hehemann- 6th

Formerly known as shop eat move?- 9th grade
 Melissa Boswell- 9th
 Email Ken to be in touch about details
Diving into Data- Attached PPT
 Who isn't showing up to conferences
 SHAPE WA - aspirations
 Actually do performance indicators
 How do we assess these
 Elem. has a good connections with ELL
 Build jewel credit program-push for PE
 Getting more of minority students
Comprehensive targeted schools
 School in red needs most support
 Orange next worse tier
Looking into schools with CaTS vs. schools with unendorsed PE classes

Showed data on a lot of unendorsed teachers throughout the state
This is before West E closed. Today MAY 18th!!!! YAY!
Lower income areas fair worse
PE/ HEalth is not even on lense of schools with struggling test scores. Too overwhelmed
How can SHAPE WA support the endorsement gap
How can OSPI support/ what else can we do
Is this data counting CTE as endorsed or not?
Personally invite principals to send to unendorsed PE/Health conferences/ Scholarships? SHAPE/OSPI shares that burden
SHAPE WA members come together with principals to present at WERA (sp?) to promote brain activity from Phys activity/ testing success connections
How does Health and Fitness support "Common Core."
Co Present with someone from OPSI

American Heart Assoc. Presentation-

Lindsie Campbell & Dr. Bauman

Advocacy work- systems of care

Local/ State/ National level

Focus on prevention

Priorities

Grad rate/ Funding/ test scores etc.

Disease of childhood/ manifests in adulthood

Some of the ways they are connecting with schools

Kids Cook with Heart- Healthy foods=Healthy kids

Hands only CPR

Color- variety eat your rainbow

Voices for Health kids- connection with Clinton Foundation

Play 60 challenge- Let's move people

Advocacy

Change age of tobacco sale to 21

Sugar sweet and bev tax

PE in schools 100 mins

Kids heart challenge

SEL focus

Choose which activation you want

Still have hoops/ jump

New- Ninja warrior/ Dance

Heart Heros

New FB page- teachers can share stories

Data shows- in schools 10% may want to be involved with the fundraiser. But

100% will hear the mission.

Fits with common core

More choice
Gifts kids get are free- to go home and reinforce
Monthly newsletter
Providing clock hours
If you team with them-Resources for speakers/ youth advocacy
Cash back/ Grants/ US Games
Last year 115,000 given back with this program
Money can also go to traveling costs for PD
Cash comes back in a check to school for you to choose how you use it
3.25 million in grants/ will help you write them
Priorities of SHAPE WA/ America melds well with AHA's charge
\$25 SHAPE WA membership fee paid by AHA if school participates

Step it up fundraiser overview- Dustin to email ppt

Fundraiser option
PE specific program called "Mission Impossible Game on."
PE teacher is sponsor
Huge kick off they do
100% online
Set it apart is the texting option- people can text a donation requests
They do the reminding of donators
Golden ticket prizes- get prizes just by registering and sending out texts/emails
In assemblies/ adopted messages- anti vape/ promote healthy foods/ phys activity
Leaves an ipad to win the next day after kick off
Participation is high
Compared to JRFH- huge difference in \$ brought in. Step it up is higher
Offers 10% kick back to SHAPE WA
Geared towards Middle school, but Elem loves it too/ no HS yet
What do they want from us- promoting them. No rules on non competes

Krista Winn- Health moves minds- Dustin get PPT from Krista on drive under fundraisers

Sponsored by SHAPE America and Gopher sports
20 schools piloted this year
Focus on SEL
Online fundraising
No cash and checks/ sent in feedback this was a barrier
Includes lessons
Teacher tool kit
Emjoi scale with students
Mindfulness
15% goes to SHAPE WA- bigger kick back even when earning less
Commit by June 15th for following school year

Catch Go Dough-

School keeps 75-80%
CATCH is a separate curriculum
Have to purchase the curriculum to do it

Big Feats-

Sponsored by SHAPE America
Not many participated in this pilot
80% to other schools

Journal Report- Alice

June 1st deadline
Derek Burns- has been asked and has accepted
Shoot out email to members on how to access and when journals will be coming out.

Lunch**Adapted PE endorsement- Toni & Terri**

Had some success, then board changed and has to start from scratch and they may not even consider it
Moving forward- letter of support from PLU/ UW
Parents submitted their concerns to support us
Adapted PE plan in place now
At least one person in each ESD with adaptive support person
PD in place to support not replace
Presenting to council for exceptional children in Feb.

Unfinished Business- Dustin

Budget overview/ approval

SHAPE UP report- Susan

Adapted PE classes- Reps wanted to know how many sections are being taught currently
Sex ed opt outs- very supportive of that
Highlighted schools with teachers who are not endorsed
PTA- school lunch time bill did go through. Requiring starting 2021 to have 20 minutes or longer seat minutes eating lunch.
Waivers- inaccurate info coming from districts
 Checking with your district/ coding it/ new policies in place?
 Look up your own numbers
Terri- SHAPE- Speak out day in DC
 Cantwell/ Heck/ Murray/ Jayapal
 Well educated. Knew who we were and what we wanted
 Supportive
 Lori Dunn spoke on SPS perspective

Terri spoke fro title 2 develop. Teach prep to actual teaching
March 5/6th DC- SPEAK OUT
Jan. 23rd- Local WA Olympia

Unfinished Business-Fundraiser discussion

Which ones stood out? Do we want to support?

AHA- only offers a membership incentive- they will reimburse us for the new members

Other three- have kick back percentages that go directly to SHAPE WA

Need people for task force

Health Moves Minds- Dustin says he'd like to see us do this one

Motion from Terri to support the Healthy minds move

seconded by Susan

I move to agree to the MOU of the Health Moves Minds fundraising opportunity

Motion approved

Motion from Alex to support Catch and Step it up fundraising opportunity

Denise seconded the motion

I move to support the decision of the executive committee of SHAPE WA to agree on a contract with CATCH go Dough and step it up as a resource for fundraiser.

Motion approved

AHA- Not sponsored by SHAPE- need to get them to take the logo off.

*Skipping google docs. If you have infor or feedback email Dustin about it.

Make sure you file/make a copy/ to edit any docs

Fall Conference- Sara

Oct. 11-12

Theme- Move to Improve

Refer to notes from Google Doc in our Drive.

Make changes/ add to it

Kick off in journal- include theme in your writing

Committees-Refer to agenda who runs/what committees

Tasks for the conference

Check ins

Deadlines

Specific jobs

Legislative Committee

Ken and Susan will lead session on data on the survey

People can see their data

Session lead by Ken/ Susan- name the session "Using data to improve program Quality."

Being a leader in your district advocating for PE

Systems as a whole

Being an advocate/ leader

Get data for your district at the session

Learn how to use that data to check/balance

Waivers

Endorsements

Minutes

Class sizes

Adaptive offerings- where/ who / how/ what is being taught

Jobs

SHAPE Board attends session

Assign next steps to empower/ set up for success

Increase leg. Action

Invite Rep. from your district to come see your quality program

Know who your rep is

WEA- Susan will connect with Lucinda about 2020 leg Action

Susan will report proposed session to Sara by Sept. after looking at data

Marketing/ Social Media/ Advocacy Committee

Presenter promos w/ QR codes

Video tape sessions/ events to use for future (roaming) highlight

Reel

Send postcards to invite people to conference/ board

Flipgrid @ membership booth- Ryan/Alex

Referred by cards for a drawing- Teri

Ideally on registration online

Membership recognition (Years a member)- Krista

Testimonial video clips with prompts @membership booth and on doors of sessions- Alex

Recognize first year attendees

Inspiration station- near membership booth

Themes/ games/ gimmick like clothes pin

Minute to win it- Derek/ Krista

Pedometers- passing them along throughout the day- try to get 1 million steps?

Curriculum and Assessment

" Move to Improve"

Conference

All proposals include an assessment, standards <'s
Formative assessment- focus on student improvement
1:1 tech integration

Sessions focused

Setting up the activity to demonstrate and provide
opportunity to improve with assessments

Journal

Submit by June 1st

Curriculum models- emphasis on using models for
Improvement

Overview- MS- Terri F.

Sport Ed-HS- Melissa

TGFU/ Tactical (MS/HS)- Carri

Skill based approach- Elem- Rebecca

Models- Define examples, activity, & assessment

Report back from the committee break out work