



Mission - SHAPE Washington supports coordinated efforts to foster healthy, active, educated, youth in Washington State through professional development, advocacy, community outreach, and partnerships.

December, 2021

Agenda

Zoom Meeting

Attendance: Ryan Wiser, Melanie Flink, Denise Peterson, Krista Nelson Winn, Erin Telford, Terri Farrar, Gayle See, Gretchen Gray, Jen Hendrickson, Shelly Ellis, Kristen Edmiaston, Susan Sellers, Teri Garrett, Lauren Kanyer, Klint Van Cleemput, Toni, Amy Matsen, Emily Whittaker, Matt Wood. Guest: OSPI: Ken Turner

9:00 AM

Call to Order – Ryan

Welcome & Introductions

Meeting Norms: Online Procedures

Review motion procedures - **Denise**

- **One person talking at a time**
- **Voting members**

Goals for the Meeting – Collaborating to meet the needs of our Shape Members now and in the near future

Approve Current Agenda

- **Approved**

Approve Minutes from Spring Agenda

- **Motion: Erin Telford**
- **2nd Toni**
- **Approved**

9:15 AM

Have You Ever Activity - Toni

9:30 AM

Grants

- **OER Grant:**
 - <https://www.oercommons.org/hubs/washington>
- **PESB Grant: Professional Growth Plan**
 - https://docs.google.com/document/d/12FdwnwYU_N5m_qtcllDy1xjgqEZoEKoFhlvS82awHpI/edit
 - Going really well
 - Discussing roles of teacher and para
 - Contact Klint for questions
- **No Child Left Inside**
 - <https://rco.wa.gov/grant/no-child-left-inside/>
 - Gayle
 - Outdoor Ed
- **Arts Impact Grant**
 - <https://arts-impact.org/>
 - Matt Wood
 - Cultural Dancing
 - Free for Title 1 Schools

9:45 AM

Upcoming Conferences:

****West Best Workshop - Site: Tahoma High School**

Feb. 5, 2022

- **Always 1st Saturday in February**
- **Tahoma HS**

****East Best Workshop - Westwood Middle School -**

Feb. 26, 2022

- **Trying to figure out how to get it up and running.**
- **No Guarantee of Facility**

- **Need Secondary presenters**
- **Looking to do one hour of elementary, one secondary**
- **February 26th Tentative Date**
- **Cheney School District**

****Health and Sport Conference**
Central Washington University - Purser Hall
March 5, 2022

- **No new information for now**
- **All Classroom, no activity sessions**
- **Pete VanMullen KeyNote**

10:00 AM

OSPI Report – Ken Turner

- **Assessment Page**
 - **Revised Assessments for Concepts of PE**
- **Revised some former assessments for Health on Chromebooks**
- **6 Minute Video of Middle School Assessments**
- **<https://www.k12.wa.us/student-success/resources-subject-area/health-and-physical-education/health-and-physical-education-assessments>**
- **4 Revised Health Assessments**
- **Need new assessments that include marijuana laws and vaping information**
- **3 Fitness planning assessments**
- **2 Elementary Nutrition Assessments**
- **Need some to pilot.**
- **Considering not asking districts to report how many students took assessments. Instead, just ask if you assessed and what assessment was used.**
- **Need ASAP: OER Health/PE Contractor**
 - **Timeframe: 8 weeks from contract start date (anticipated late Feb/March start).**
 - **One-Time Payment \$1,000**
 - **20 hours**
 - **Review Health/PE resources to place on OER website: add Health/PE learning outcomes where appropriate.**
 - **For more information, email Barbara.soots@k12.wa.us or Ken**
- **Prof. Learning Option**
 - **Pacific NW Ballet has created a K-2 dance curriculum for PE teachers to deliver over 5 detailed lessons aligned in PE and performance dance.**

- **Seattle and Highline Schools have been part of this pilot in the past and really liked it (ask Lori Dunn or Derek Severson)**
- **OSPI is interested in funding another training in the PSESD region (14+ hours of PD).**
- **OSPI is excited to work with our Migrant/Bilingual office to expand this program to the Yakima area: love to get CWU involved too! Dr. Beard?**
- **Have to participate in the training to get the curriculum**
- **PNB applied to present at WEST Best and discussion of presenting at CWU Health and Sport conference.**
- **Downtown Seattle Nutcracker will have performances for students/families with sensory issues.**

10:15 AM

Speak Out Day - Ryan

- **Advocacy for PE and Health**
- **Meet with lawmakers to fully fund PE and Health**
- **Participate in a training the day before to prioritize talking points, agendas etc.**

The EC Approved up to \$2,000 to send Matt Wood to Speak Out Day



SPEAK Out! Day February 15-16, 2022

10:20 AM

Winter Journal - Ryan

- **Derek's last journal as Editor**
- **Emily Whittaker will take over the charge**
- **Journals due December 10th.**
- **No Theme**
- **Next Journal will be in June**
- **Should we have a theme for the June Journal?**

- **Moving Forward**

-

10:25 AM

Fall Conference 2021: - Gayle and Krista

After Conference Report

- **Nice job Krista at the Conference!**
- **Final Report**
 - **Profit: \$ 9442.75**

- Fall 2022-2023???? What could this look like?

- **If the host state, you cannot have a conference 6 months before the national conference.**
- **Last time hosted, combined with WEST BEST and called it a workshop and it was one day.**

- Shape Seattle

- smorris@shapeamerica.org
- **2023 - Seattle, WA (March 28 - April 1)**

10:35

Feedback Loop System – Klint

- **Surveys to membership to former and current members**
 - **What are technical needs?**
 - **How to support professional growth and learning?**
 - **Timeframe: Jan/March**

10:45

Committee Work: (30 Minutes and Report Back)

Categories Twist – Ryan

Committee Document – Ryan

Shape WA committees

Adapted (Toni and Amy) – Working at engaging the state endorsement and upcoming Journal topics

- Looking at anything SHAPE WA sponsored
- Working on Adaptive PE endorsement/certification
- Moving forward with an application
- Adaptive PE distribution list
- Adding PE resources to the Website
- More presence overall

Advocacy and Marketing (Teri Galloway and Krista)

- Working on goal, increase membership
- Continue help promote legislative activities going on
- Build committees
- Get others involved other than the board
- Try to communicate with everyone in our state
- 1 million healthier, kinder, and stronger
- Membership drive
 - 2x a year

Assessment and Curriculum (Terri Farrar)

- Current OPSI SHAPE WA assessments
- Promote Google Forms
- Focused Fitness also working on a platform
- Look what questions are problematic for students and figure out how to make those questions better.
- Poster session committee work at SHAPE America SEA
- Ongoing discussion about standards based grading
 - People want rubrics
 - Create rubrics by standard
- Look at grade level outcomes for each standard

Social Media (Ryan and Melanie)

- 2 new members-Shelly/Lauren
- Platforms used: Facebook (Melanie), Instagram, a little Twitter (Ryan)
- If any committee would like anything posted on social media, share out to Ryan and Melanie.
- Happy Hour-started out super big! Then went down to a handful by the end.
- College Night

- **Student to Teacher Session/Happy Hour**
- **Send reminders to board members asking for content to share**
- **Guy from Missouri....content on social media-could help us do what we do better. Matt Wood will share contact information.**
- **Social Media been going since 2009**
- **Jen Hendrickson**
 - **I coordinate all the PE student teachers in SPS so let me know if you need help facilitating this college night.**

Social Justice (Kristen Edmiaston)

- **Coordinating on social hour nights.**
- **Provide opportunities to teachers to ask questions who represent various groups of people.**
- **Book Studies**
- **Ok to do a book that has swearing in it...is it ok to do professionally. People agreed it's ok to do, just have a warning.**
- **Fitness for Every Body by Meg Boggs**

Legislative Action (Susan Sellers)

11:15 AM

Committee Work Report Back

- Share "High Five" Report

- **Notes above**

11:45 AM

Final Announcements

- **Potential of an in person meeting in the spring.**
- **Journal for June with Theme or not.**
- **No Theme for December Journal.**
- **You do not have to pay for registration at SHAPE WA, if you help set up, take down etc.**
 - **Same will be for EAST Best**
 - **Click other on payment if you register**

12:00

Adjourn Meeting

Gayle Moved to adjourn meeting

2nd-Erin Telford

12:16