

37th Annual WEST BEST Day Schedule- FEB 3, 2024

8:00-9:00	Onsite Registration and Exhibits			
9:00-9:20	Opening Remarks	=====	=====	=====
	North gym	South Gym	Multi-purpose area	Classroom/Library
9:30-10:20 Session 1	Ann Griffin National Adapted TOY Part 1 Teach them All: Applying the Principles of Universal Design for Learning to Physical Education	Matt Wood Tacoma Public Schools Transforming the Learning Experience In Your Gym With Lü	Chris Brannon (ELEM DEMO) Literacy, Math, and Movement: Oh My! Using Brainball to increase engagement, teamwork, and heart rate	Sam Cristol Seattle Public Schools "Safe and Welcoming Physical Education for LGBTQ+ Youth"
10:30-11:20 Session 2	Ann Griffin National Adapted TOY Adapting Curriculum, Instruction and Assessment to meet the needs of EACH student.	Amy Matsen 2023 SHAPE WA ADAPTED PE TOY Adapted PE and General Education Classes: Tools, Strategies, and Classroom Management to Connect Both For All Students.	Liz Fleck (SPS DEMO) ELF (Early Learner Fitness): strategies for K-1 PE to support literacy and fitness	Ken Turner OSPI Updates SEL Academic Integration Tools for Health & Physical Education
11:30-12:20 Session 3	Monica Cleary and Kelsey Machado Setting the Tone, Creating the Space for All Inclusive Learning (Focus = Secondary)	Linse Hill 2023 MS TOY/SPS DEMO TEACHER Erin Telford SHAPE WA MS TOY "Implementing SBG during Pickle Ball"	Vince Tarsi /Ty Podeszwa Auburn School District Empowering your students with heart rate monitors in PE (ELEM)	Toni Bader National Adapted TOY State Adapted PE Specialty Endorsement Update
12:30-1:20	LUNCH/Exhibits	LUNCH/Exhibits	LUNCH/Exhibits	LUNCH/Exhibits
1:30-2:20 Session 4	Ann Griffin Solutions to Inclusive Placements: It's All in the Toys! Equipment adaptations and innovations	Cheryl Parks (Renton Schools) & Chuck Millsap (Mercer Island Schools) – You want me to teach what? How to easily integrate other content areas within your Physical Education lessons (Focus = K-8)	Alex O'Brien SHAPE WA TOY Dance for TOTAL inclusion!	Jenni McCloughan "The Interview Process for a Beginning PE Teacher"
2:20-2:25	APPLE BREAK	APPLE BREAK	APPLE BREAK	APPLE BREAK
2:30-3:20 Session 5	Anna Rabel Jen Apfel Cascade Bike Club ALL KIDS BIKE (Prek-2)	Cheryl Parks and Teri Garrett Two Women and a Wagon Full of Fun! (Focus = K-12) – still working on content	ALEX O'Brien SHAPE TOY Make Cardio Count,	Table Talks Erin Telford /Jessie Purcell SHAPE WA MS TOY ELEM, MS, HS "Solutions for

	<p>Let's Go (3-5) Let's Go Further (6-8) Traffic Gardens</p>		<p>Heart Rate Monitor Integration (Secondary Focus)</p>	<p>Problems of Practice and more....."</p>
<p>3:30-4:00</p>	<p>Clock Hours</p>	<p>7 Clock Hours available</p>	<p>=====</p>	<p>=====</p>