

# Workshop Schedule

8:00-8:45am	REGISTRATION			
8:45-9:00am	OPENING REMARKS – Please take a seat in the main gym bleachers.			
	<b>Elementary</b> Main Gym #1	<b>Middle School</b> Main Gym #2	<b>High School</b> Auxiliary Gym or Cardio/Weight Rm	<b>Classroom - #110</b>
9:10-10:10am	OPEN Tech Tools  Alex O'Brien	Class Routines, Warm-ups & Use of Pedometers to Set You Up for Success  Jessica Shawley Idaho/National PE TOY	<u>Strength Training</u> with Limited Space & Equipment (session in upstairs weight room)  Dr. Carri Kreider (EWU)	Teaching and Assessing Motor Skills that Thrill  Adam Marshall (Focused Fitness)
10:20-11:20am	Intro to Technology in PE  Nels Radtke 2018 West Plains TOY	Middle School Methods  Emily Pond & Collin Harney	Success for ALL Students Through the Lens of APE 101  Toni Bader (2018 WA & Western District APE TOY), Adam Hornstein, & Nicholas Duback	Maximizing Engagement in Sec. Physical Education: Instructional Strategies for Teaching Motor Skills  Dr. Nichole Calkins (Gonzaga University)
11:30-12:30pm	GOPHER: Action Team games!  Mike Tindal (GOPHER)	Exploring Net Games & Infusing Tech and Student Choice  Jessica Shawley 2012 National PE TOY	It's a Numbers Game: Using Technology and Heart Rate Monitors to Enhance Success  Adam Marshall (Focused Fitness)	SHAPE WA/OSPI Developed Assessment Review  Dr. Terri Farrar (PLU) & Tracy Krause (08' National PE TOY)
<b>LUNCH</b>	<b>Lunch:</b> Catered boxed lunches served in the commons area cafeteria.			
1:20-2:20pm	Your Mother was Wrong; It's ok to Play with your Food  Adam Marshall (Focused Fitness)	Skill Development Through Gamification  Mitch Weller	OPEN Plug and Play  Alex O'Brien	Staying Connected with Health/Fitness Educators through Social Media  Ryan Wiser
2:30-3:30pm	Net Gen Tennis  Kirk Anderson (USTA)	Attack of the Invaders Using Invasion Games to Enhance Student Success  Derek Severson	<u>Weight Training</u> Tools: Strategies for Teaching Technique & Form (session in upstairs weight room)  Dr. Nichole Calkins (Gonzaga University)	As seen on "Twitter" <b>NOTE: session in the auxiliary gym</b>  Ryan Wiser
3:30-4:00pm	CLOCK HOURS available thru SHAPE Washington: paperwork and payment at registration table			