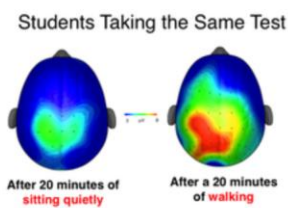


The neuroscience of movement and learning over the past 30 years has revolutionized our understanding of the brain/body connection but much of our culture still views the brain as separate from the body. This training will look at the research behind active based learning and how to apply it in practice within the classroom. Educators will have immediate take-aways to implement within their classrooms.



**COOL COLORS** low to medium brain activity  
**WARM COLORS** medium to high brain activity

HILLMAN, C.H. The Effect of Acute Treadmill Walking on Cognitive Control & Academic Achievement in Preadolescent Children 2009.

**Trained Presenters Will Cover:**

- Classroom activities
- Research supporting kinesthetic learning
- Classroom equipment
- Implementation strategies
- Learning states
- Neuroscience
- PE vs PA
- Stress
- LISS
- Future training

- Movement modifications
- Effects of trauma on learning
- Behavior management
- Body/mind connection
- Social/emotional learning
- Benefits of activity
- Memory
- Obesity
- Teacher resources
- Reset corners

<b>Time</b>	<b>Cost</b>
3 Hours	\$180 per person

**Tuesday, March 19**  
 8-11 AM  
 NEWESD 101  
 Talbott Event Center  
 4202 S. Regal  
 Spokane, WA 99223

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