

Health Educator Workshop 2019

Time	Room 114	Room 201	Room 205	Room 208
8:00-8:55	Registration			
8:50-9:00	Opening Remarks			
Presentations				
9:00-9:50	Ken Turner: CBA Health Assessment Evaluations	Dr. Terri Farrar: Teaching Social Emotional Learning: The Why and How of SEL	Crystal Church: Building Leaders	Laurie Dils: The Values Question Protocol
10:00-10:50	Brianne Kappel: The Dish on Nutrition and Free Resources	Kaycee Lowe: Detoxify Your Life	Dr. Kelly Pritchett & Zella Hanson: Nutrition, Health and Athletic Performance	Ken Turner: Creating a Welcoming School Environment: Tools Leaders Need to better Support Students Identifying as Transgender
11:00-11:50	Kylie Pybus: Dove Self Esteem Project	John Graf: The Mindful Student	Dr. Brian McGladrey: Nutritional Strategies for Optimizing Strength Training Adaptations	Crystal Church: The Road to Recovery
12:00-12:50	Lunch - provided			
1:00-1:50	Brianne Kappel: Trends, Myths and Facts: Navigation through Nutrition Overload	Hillary Franks: Strategies to Boost Social-Emotional Learning Opportunities in your Classroom	Jillian DeBritz: Courageous Vulnerability:	Derek Severson: Active Based Learning Strategies for the Health Classroom
2:00-2:50	Kailyn Berry: Green Energy	Dave Scattergood: Our Drug Culture	Caitlyn Cray: Gender Identity Comes to School	Maddy Ingraham: Evaluating and Implementing the Second Step Curriculum
3:00-3:50	Doug Fulp: Stress Management & Resilience	Nick Washburn: Structuring Engaging Classroom Discussions	Mark Perez & CWU Students: Substance Use and Abuse Prevention Strategies for Teaching Health	Grace Allphin & Justin Hudson: Looking for Treasure? This is no Juul
3:50-4:15	Clock Hours Available - \$2/hour			

Terri Farrar: First Aid/CPR