

**Partner Physical Education
Oct 10 SHAPE Pre-Conference Workshop**

Do you want to have a Health, Fitness, Social and Cultural impact at your school? Look at developing a Partner Physical Education class! It is a win/win situation for students with and without disabilities. In a Partner Physical Education class, the class is aligned to the general physical education curriculum and directed towards and planned for students with disabilities to meet their needs for the highest amount of participation and success. General education students are in the same class, taking on roles as partners, leaders, peer models, and have a perspective of inclusion and support.



Close proximity mirroring



Include in an activity

Slow the pace down
Break into small steps
Provide successful opportunities



Supporting one student

moving alongside



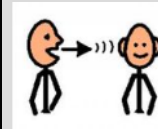
Engage in an alternative/parrell activity

Break the skill down to one component and small success. Let student participate off to the side if needed

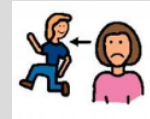
HAVE FUN!!!



Cues



Words



Demonstrate



Help

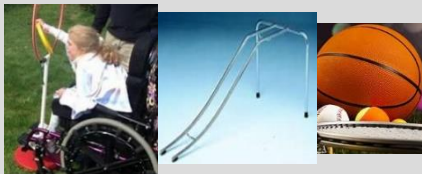


Visuals

Verbal and Non Verbal
Cues, Tone

Clear demonstrations, Small bits

Adapted Equipment or Activity



Ideas

Help within equipment and activity ideas

Feedback



Words



Gesture



Smile



High 5



Individualized support

Hand under hand
One person toss, other supports

During this all day pre-conference workshop we will explore program development, activity planning for universal design, and adaptations

Sign up at shapewa.org

9-4---6 clock hours available (\$12)

@ Des Moines Beach Park – 22030 Cliff Ave S - Sounders Lodge

\$95 including lunch

Check out what it looks like- <https://q13fox.com/?s=Partner+Physical+Education>