



“1 Million Strong and Getting Stronger”

**2017-18 SHAPE WA Executive Board
Fall Board Meeting December 9th, 2017**

Best Western Plaza on the Green
24415 Russell Road, Kent, WA, 98032

8:30am Call to Order - Sara called the meeting at 8:32

Welcome

Folder Overview

Meeting Norms

Review motion procedures: Denise

Mission/Vision

Goals for the year-

- Continue to improve “1 Million Strong and Getting Stronger”

Icebreaker- New people get to know each other

-Sticky notes around the room - pair share and post sticky notes with responses:

-What does our Organization do well?

-What can we improve/do better in the future?

-What is one thing you or your school have done to make us “1 million strong”?

OLD BUSINESS

- SHAPE WA Updates – Gayle

- Fall conference feedback-
 - Comments and/or questions they have
 - How to use learning (when?)
 - Keynotes were good!
 - Ranked 3-4 on every presenter
 - Very positive most of them
 - Overall really well done/final reports available on blue sheet in packet
 - Past conferences and where we stand
- Financial Report/Budget- found in packet
 - Loss of funding from American Heart.
 - Usually around 1 million dollars and this year they dropped percentage we got.

- \$26,000 less this year due to American Heart. SHAPE America is meeting with American Heart soon to discuss.
- Still happy to keep on with it.
- 3 year contract

NEW BUSINESS

- Upcoming Conferences/Events:

- *SHAPE-UP Day – January 25th in Olympia- More on this later from Susan.*
 - *Want to find out the impact from the McCleary bill.
 - *Question from Terri Galloway- Does that date always stay the same? Hard for secondary staff to get that time off so close to end of semester. Answer; yes legislature counts on that time frame.
- *West Best – February 3rd at Chief Sealth High School, Seattle*
- *Health Conference – April 28th at Central Washington University*
 - *We make \$ from clock hours from that.
 - *2nd annual
 - *Good turn out for the first time last year, we need more.
 - *Help promote/ consider presenting
 - *Judy Beard is organizing it
- *SHAPE America Conference – March 20-24th in Nashville, TN*
 - *Some of us are going
 - *Promote from WA/ give SHAPE America the message that we need conferences on the west coast.
 - *Need numbers in Boise to get them to have one in HI
- *NWD/SWD Regional Conference – June 25-27th in Boise, ID*
 - *Need a large attendance if we want more West coast conference

-Fall Conference Update- Gayle/Jeana

***Wenatchee**

- *Excited to start planning
- *Theme- planning stages. "Ignite" is on the drawing board/ be a spark for something
- *Cool event opportunity to bowl via the bowling alley
- *Questions for Ken- Please shoot out emails to those who have attended. These will all be on newsletter and conference website.

- Journal Report – Sara/Alice

- Articles due December 15th – Theme of "1 Million Strong and Getting Stronger"
 - *Please let Alice know if you are going to be late.
 - *Need ideas - talk to the marketing committee.
 - *See Krista if you need some help with how your topic fits into the theme.
- Spring article due April 1st
 - *Think of ideas of the theme for this upcoming one

- *Is it beneficial to have a theme?
- *Toni-Suggested how do we inspire others.
- *Always remembering current events.
- *Terri Galloway- Promoting to others in the state. Instead of long articles, more shorter ones. Less fearful 500 words or less something you are doing well in your field.
- * Piggyback Melanie says promoting others to offer submissions for the journal - could help Paul out for his success stories with more people involved in writing the journals entries.

-SHAPE AMERICA Update– Gayle

-NWD Update- Gayle

- *Merger of the northwest and southwest districts (11 states involved) organizations.
- *Will be voted on at the SHAPE America Convention this spring

-Awards & board nominations – Sara/Mary

- *Board positions open next year: Elementary PE, Student/Young Professional, President-Elect*
 - *Please reach out to encourage others to apply.
 - *Try to get those by Spring.
 - *Award nominations due April 1, 2018*
 - *Awards online now
 - *Spotlights our profession
 - *Spreading the word about PE
- *Reach out with the info through "Plan."
 *Maybe connect with principals, so that people aren't as afraid to nominate themselves.
 *Could add the promotion to the newsletter
 *WA principals magazine/ could add snippet for nominees for future awards.
 *Add to Twitter and Facebook pages
 *PALS award/ community partner award (new) Nomination- Representative Riccelli

-Action Based Learning – Paul

- *8-9 people in organization trained in it
- *70% attendees were elementary classroom teachers
- *12 posters to focus the material
- *Longer in session referred to focus items
- *Challenge- We need to find a way to get a return on investment
 - Paid attendance
 - Clock hours
 - Promote to classroom teachers/ principals to get hired to be paid to come in
 - Need to find a way to get into that market
 - Maybe break into elderly population outside of PE/Health field
- *Can we create a flyer to promote?
- *May not know we (PE/ Health teachers) are able to teach these concepts
- *More time to discuss during committee team. (Advocacy committee)

BREAK

GUEST PRESENTERS:

9:45-10:15am – Ken Turner, OSPI

- HSB 1235 Updates
- *igrants is changing for reporting
 - *How we got the money for the assessment data
- *Highest used Assessments- Elem. Miss Trimble's Muffins/ M.S. Saras story/ H.S. Stressed and Depressed.
- *Still no power to scare schools into reporting
- *Changing igrants into surveygizmo/ merging reporting location
- *HSB 1235- requires metrics to be starting 2018-19/ Trial run 2017 for reporting
- *If you're not using OSPI assessments what are you using
- *How much PE time are you asking?
 - Boils down to district level
 - Doesn't answer school to school yet
- *Figuring out how many waivers.
- *What does OSPI do with this data?
- *Easy to tweak surveygizmo. First year will be rocky. Year before law goes into effect.
- *Question- Is there a question on there about teacher certs. Answer= no.
- *Most of the data is coming from H.S. Some from M.S. and lowest amount from elementary school. Maybe a lag of a year for all the elementary schools
- *Cedars- Data location tool OSPI uses. Place where all our assessment data and answers from surveygizmo are compiled.
- *Cedars can differentiate the data from certificated vs. non-certificated staff's data.
 - *Same info not done for Health. HSB 1235 is only related to PE.
 - *Still playing with how we will display that knowledge.
 - *Hoping for an interactive map
 - *Waiting for due process to occur and a state university to offer adaptive PE certs to go forward with requiring this be in place at the district/school level.
- *Closing with emailing out this for Board to review and offer feedback to Ken.

10:15-11:00am – Lisa Rakoz, OSPI

- Healthiest Next Generation, Safe Routes to School, and ESSA Updates
- *Give it up to Representative Ricelli for going out on a limb and advocating/supporting for us.
- *Be ready to be proactive with the data. No going backwards
- *Always be aware of those who are trying to pull us down and keep fighting.
- *Passionate people around Health and PE who have our back.
- Safe Routes
 - *Dept. of Transportation gives OSPI funding 1.2 million contract
 - *Work with schools to provide grants
 - *funding 25-30 districts. 35,000 per district.

- *Supplies helmets, bikes, curriculum, support, training.
- *Does not cover maintenance
- *After 2019 expected to continue the program
- *Can purchase adaptive bikes
- *Form package 552
- *App Posted Jan. 1.5 months until it closes

-ESSA updates

- *Every Student Succeeds Act
 - *Impacts
- *Educate self and others on this Act.
- *In WA a consolidated plan (on OSPI website)
- *Word find health/ Physical/ Wellness take you right where you need to go in the doc.
- *New superintendent more supportive
- *Advocate for funding
- *Be the positive change. Talk to principal to advocate for PE/ Health component of the

ESSA.

- *Had NCLB/ Then PEP/ Now ESSA

*Changes

- New frameworks
- Funding
- Well rounded education
- Gov. authority shifts to state and school districts

-Healthiest Next Generation

- *Game on- checkout step son ppt. Sara shared with us via email prior to meeting.
- *School Health Index (SHI) assess and track school progress.
- *Every kid Healthy week in April shared on Action Healthy kids website.
- *Look into grants for this.
- *Lucky to have a gov. who supports us.
- *Healthiest Next Generation committee.
 - *Healthy kids Healthy schools grants- 5 million put in from Gov.
 - 1 million specific to water bottle filling stations
 - 3 million right now in budget for grants
 - not passed yet, stay tuned if it does get passed
 - *Look at school recommendations
 - *Check out your districts Healthy Youth survey data on OSPI website
 - Staggering stats on 70+percent are not active
 - *Partnerships
 - *Funding
 - Title 1- flexible pot of money. Find out who the people are in charge and ask questions.
 - *attendance, grad rates, indicators like school climate, students engagement or even Health and PE.
 - Title 2- professional dev. for school employees
 - *Ask if you can tap into money under this pocket for prof. dev.
 - *Recruitment of new teachers
 - Title 4 part A- students support and enrichments gaps
 - *Well-rounded, supporting safe/ healthy schools, tech.
 - Title 4 part B- 21st century learning centers

- *creating more in before/after school and summer programs.
- *Help them promote and connect with them
- *District can apply for a min of 10,000 in grants. Larger dist. can apply for more.
- *Go to dist. find out who your grants manager is.

*Lots of cool stuff going on in our state. Keep an eye out for the upcoming info related to these topics.

11:00-11:15am – Stacie Masterson, American Heart Association

- American Heart Association Updates
 - *Appreciate support
 - *Stats are alarming with this generation slated to die earlier than the generation before.
 - *611 schools on board this year
 - *Scare squad (character prizes) scares away heart disease. Tie character to behavior to help relate the messages and make them more memorable.
- *Revamped parent corner for resources that go home.
- *Accessible to people even if not participating in jump rope for heart.
- *App where characters come to life
- *Seen a 300% increase for the app
- *Huge successes; last year in hospitals for diagnosis early for heart conditions
- *Gave 6.2 million
- *CPR requirement for all senior high school students
- *Safest state in the country to have a heart attack. Highest survival rate vs. all other states in our country.

BOARD MEMBER ANNOUNCEMENTS:

11:15-11:30am – Carri Kreider (From EWU)

- "Test only" Health & Fitness Endorsement
 - *Pathway 1
 - Test and approved program= pathway 3
 - Motion to move from the test only option to only having the pathway 3 option that would require the test and approved program.
 - Tests have no ped. component
 - West-E does not account for management, motivation, methods, planning, instruction, assessment, collaboration, and instructional methodology (reflection).
 - One of the reasons they are doing this is partly due to the shortage.
 - Bigger programs for PE than in the past. Seeing an increase.
 - Solution do what library media and bombard PESB group.
 - Send letters individually to who library media did
 - Do the parents know?
 - Start sending letters as soon as you can. Starting with the email on the handout
 - Can use school emails for this.
 - Suggestions to Carri by Mon. Dec. 11

11:30am – OSPI Developed Assessments – Sara

- Motion on assessments from OSPI
 - *Formerly referred to as our CBA's
 - *Don't align to our standards
 - *Needing to be revised
 - *Brought up at last cadre meeting last fall
 - *Limited funding that goes into revising assessments/ maybe SHAPE WA can help and partner with this.
- What would the cost be?
- What would be the assessments
- Potential budget proposal
 - *Discussion on the table
- Written agreement between OSPI and SHAPE WA
- For \$22,140 of our money being spent
 - ***Motion on the table: Moved by Jeana Haag "I move to allocate up to \$22,000 of SHAPE WA funds to support committee work to revise OSPI assessment."***
 - ****Amendment; "Begin process after OSPI signs MOU."***
- *Seconded by Jennie Hershey
- *MOU was presented and shared to go over and open for questions/ discussions
 - Jennie Question: "Would this assessment revision be able to happen without SHAPE WA help?"
 - Ken responds- 2018-19 would be a place to start the revisions, but there hasn't been a lot of energy about it. Possibly just changing/ taking out the EALRS.
 - CDC funding being taken has cut our ability to engage in revisions and recreation of new assessments. Interest is there, but the desire to rewrite them in not there yet.
 - Clarify- if SHAPE didn't contribute the revisions may include the replacement of a few things like the EALRS being taken out. If we did fund it allows the ability to pay for more of the re-writing of the assessments.
 - OSPI does support this, but they don't want to take it on fully.
 - \$5,000 left in budget possibly could be applied to the \$22,140 total need.
- Will there be a group to put the stamp on these to say they are appropriate.
 - *CARC- help to revise the assessments.
- Health included in the teachers who would help create the new assessments
 - Question (Ryan)- Data hasn't been collected. Districts will continue to use their own assessments.
- No one is asking what the passing rate is or any details other than how many have taken it.
 - Carri- First step as a board is what are we doing with the data?
 - Jeana- When they were first created they were designed to push to assess at all.

- Susan- need a standard to align us so we are not fragmented.
- Toni- Budget-wise are we exchanging this for that? Are we taking away from anything else we typically use our money for?
- Gayle- Responded that we would not lose out on anything to allot the \$22,140 to this assessment collaboration.
- If you are not a performance indicator you are not funded. ie PE. Math and ELA are.
- Dustin-Big picture. Need to assess and we lack the resources. This assessment is more of a need for those smaller dist. that can't afford any type of assessment creation.
- Can this help with the data pieces we have in our PLC's in our buildings. Need for specific and more comprehensive tests. Backing of OSPI.
- Paul-Used the tests to give legitimacy to programs during school board meetings helped advocate.
- Terri- We believe there should be a test, also hear that there should be a uniform test. Cannot change the working where we all take the same test. Legislative process to be able to at some point say districts have to take the OSPI created assessments. Currently they do not require.
- Lots of discussion, pause and come back from lunch to digest and come back to the discussion.
- Elected members of the board can vote.
- After lunch

*Amendment to the original motion is, "Begins process after OSPI signs MOU."

- Follow through?
- Sara brought out a map of the process of creating an OSPI assessment.
 - Revision vs. rewrite?
- Example of new assessment presented on a handout from SHAPE America
- Cannot borrow any of the SHAPE America assessment
- FL got 1 million to create new assessments/ where did it come from? Grant written.
- Motion passed 2 apposed/ 8 in favor/ 2 absent= 10 total voted***
- If more tweaks are made than presented we will need to revise.

LUNCH BREAK:

12:00-1:00pm – Lunch, Group Photo and Hotel Check-Out

COMMITTEES



Overview of Committee Work Time - Sara

- *New members decide on a committee.
- *Looking forward to Spring meeting time/date
 - April 28-29 in Ellensburg
 - May 19th in Kent
- *Find people who may want to get involved, but not hold a board position.

1:15pm -Committee work

- Marketing: Krista Winn
- Legislative Action: Susan Sellers
- Assessment: Terri Farrar
- Curriculum: Jennie Hershey
- Advocacy: Paul Clinton
- Social Media: Ryan Wiser & Terri Galloway
- Social Justice: Kristen Edmiaston

3:00pm -Committee Progress Reports

Social Media-

- *Idea to do a monthly showcase of rockstars in our profession. Podcast?
- *Ask 5 questions each month ie favorite piece of equipment? Websites? Sub plans? Following?
- *SHAPE WA google drive to access previous info
- *Working with marketing to get people formally together. Instead of waiting for a big conference. Twice a year
 - possibly bringing ideas to share with local PLC's.
- *Tripled number of twitter followers since Spring

Marketing-

- *Promoting Alliance for a Healthier Generation.
- *Let's move have merged with them.
- *Try to get all schools to start with small steps
- *First step register for (AHG).
- *School Health index too cumbersome.
- *AHG has simpler assessments.
- *Next step is assessing their program and pick one action plan to work on their program that impacts students

- *Anyone need an article idea? Sample action plan or explain one already represented
- *Last step celebrate big and small successes!
- *Promote SHAPE WA at trainings and classes
- *Computers right there to register. Prizes maybe?
- *Update website/ merge with social media
- *Members only tab/ incentive to join
- *Provide training on website/ examples by spring meeting to run by us

Advocacy-

- *1 hour version of the promotion of AHG
- * Promoting membership consistently at the trainings

Social Justice-

- *Compiling resources
- *Gathering what the law is.
- *Putting up some lessons on website.
- *Something social justice related in journals.
- *Eye openers ie gender piece or parents mother father.
- *Book study. previous and next book.
- *Gather Ted Talks.
- *Bring all these to the Spring session to then move forward with.

Curriculum and Assessment-

- *Tracking during conferences.
- *Labeling the sessions by committee topics,
- *Common template presenters are using that includes the learning targets and assessments that go along with the lesson.
- *Putting a question out there using a google doc or social media and getting feedback from members.
- *Adding instruction in the title.

Legislation-

- *Susan emailed out the info about SPEAK OUT DAY.

Final Announcements/Reminders

SHAPE Support for Special Olympics in Seattle- info to come.

Surveygizmo- look out for it from Ken.

Carri - When she sends out stuff about the endorsement send out the letter.

Meeting before break Dec. 19th to layout next steps once they receive the MOU from OSPI. Will relay message. once they meet. Let them know any thoughts, concerns emailed prior to Dec. 19th.

3:30 Adjourn