

I HEARD IT THROUGH THE GRAPEVINE

Objectives

Grade	Objective
1 – 2	Demonstrate the basic dance step in time to the music. Demonstrate an arm action to co-ordinate with a basic Step Touch
3 - 6	Demonstrate three dance steps in time to the music. Demonstrate an arm action to co-ordinate with a basic dance step Dance with a partner and create a new move Identify the different steps by name.

Lesson Summary

🎵 “I Heard It Though The Grapevine – Marvin Gaye

Learning a simple line dance to the music “I Heard It Through The Grapevine” which students dance as a line dance with dance movements from the 50’s & 60’s are used, using locomotive and non-locomotive moves.

- Rolling Grapevine to right
- Step Touch with finger snaps
- Rolling Grapevine to left
- Step Touch with finger snaps
- Chasses to right and left
- Step Touches
- Basic Square
- 3 walks forward and touch
- 3 walks back and touch

Warm Up

🕒 5 minutes. 🎵 Any Motown tune can be used for this.

- (a) Clapping to music (footwork: Chasses & Step Taps)
- (b) Open turns to right and left
- (c) Arm rolls (see glossary)
- (d) Stretches: arms

Activity 1: I heard it through the Grapevine

🕒 10 minutes.

Intro

Step touch to right and left with finger snaps [1 2 3 4 5 6 7 8] Repeat. [1 2 3 4 5 6 7 8]

I bet you're wonderin' how I knew

- (e) Rolling grapevine to the right taking the left foot across right foot. Turning $\frac{1}{4}$ turn to the left, step touch forward and back with right foot lead and snap fingers x 2. Rolling grapevine to left with right foot going across left foot first. Turning $\frac{1}{4}$ turn to the right repeat the step touch forward and back with left foot lead and snap fingers x 2. [1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16] [1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16]

It took me by surprise I must say

- (f) Chasses to the right and left x 2. Step taps x 4 swinging alternative arm. Repeat. [1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16] [1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16]

Well

- (g) Basic Square x 2 taking right foot across first. [1 2 3 4 5 6 7 8]

I know a man ain't supposed to cry

- (h) Rolling grapevine to the right taking the left foot across right foot. Turning $\frac{1}{4}$ turn to the left, step touch forward and back with right foot lead and snap fingers x 2. Rolling grapevine to left with right foot going across left foot first. Turning $\frac{1}{4}$ turn to the right repeat the step touch forward and back with left foot lead and snap fingers x 2. [1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16] [1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16]

You could have told me yourself

- (i) Chasses to the right and left x 2. Step taps x 4 swinging alternative arm. Repeat. [1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16] [1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16]

Well

- (j) Basic Square x 3 taking right foot across first. [1 2 3 4 5 6 7 8]

People say believe half of what you see?

- (k) 3 walks forward and touch LF to RF, 3 walks backs and touch RF to LF x 2

Activity 2: Put all the moves together and practice these moves to music.

🕒 10 minutes

- (l) Rolling Grapevine to right
- (m) Step Touch with finger snaps
- (n) Rolling Grapevine to left
- (o) Step Touch with finger snaps
- (p) Chasses to right and left
- (q) Step Touches
- (r) Basic Square
- (s) 3 walks forward and touch
- (t) 3 walks back and touch
- (u) Step Touch, Step Touch, Open Turn? embellishment

Activity 6: Arm and body Actions

🕒 5-10 minutes

Throughout the above basic steps you can add in some different arm movements of your choice: Clap hands, Snap fingers, Roll arms and Shoulders shimmies.

These are just a few ideas to get your class into the Motown spirit. You can also create different heights with the above arm actions. I like to give the students a few minutes to be creative in pairs or small groups to make up their own moves for the chorus part of the song. This can be added after your students know the full dance as a self-assessment.

Notes & Extensions

- (a) The dances are fun, educational and creative and would be an excellent addition to your Physical Education classes, family nights and after school activities; and also a great way to warm up your class.
- (b) Students can work in Art class to make Motown posters. In Music learn to play or sing Motown songs. In PE work on the dance steps. In Drama to create a short play. In History to look into the origins of Motown. In Geography look at Detroit and make a graph of where in the world the artists played.
- (c) It is very important, through each stage, to play music and to include a variety of songs and varied artists. This way the students will learn to recognize various styles of Motown music and not get bored with the same song.
- (d) Instead of the Step points to the side for a younger age group you can use the Hand Jive instead.

GLOSSARY

➤ Step Touches	A Step is transferring weight onto the other foot. A touch is contact made with the floor on the ball of the foot with no weight change.
➤ Finger snaps	An action using the thumb and fingers to make a sharp sound
➤ Rolling Grapevine	LF forward and across RF, right foot to side, LF crosses behind right foot to side. Repeat. Can also be dancing starting with RF.
➤ Chasses	This is a syncopated set of three steps danced in any direction
➤ Basic Square	Cross right foot in front of LF, step back on LF, step to the side on RF, step forward on LF.
➤ Flick	A small kick taken from below the knee pointing the toes
➤ Walks forward	A transference of weight from one foot to the other travelling forward
➤ Walks back	A transference of weight from one foot to the other travelling back
➤ Open turn to right	A three step turn to the right touching the LF in to RF without weight
➤ Open turn to left	A three step turn to the left touching the RF in to LF without weight